

Have you heard  
“let’s wait and see”  
or “it’ll get better” -  
but you’re worried?  
Are you wondering  
what you can do  
right now?

We are parents who’ve  
been there too. Parent to  
parent, we get it.

We’re here for you and we  
want to help.

Free service. No wait-list.

Reach out whenever  
you’re ready.

[familysmart.ca](http://familysmart.ca)



When our kids  
are having a hard  
time or we are  
seeing something  
for the first time,  
we might wonder  
what’s going on?

PARENTS

